

Mental Health and Addictions Worker



Develop the skills to support individuals with mental health and addiction challenges. Get thorough training in physiology, pharmacology, counselling, case management, and ethics.

This program provides you with a solid foundation in understanding and addressing addiction and mental health issues. It equips you with the knowledge, skills, and ethical foundations necessary to advocate for clients' well-being and contribute to the field of mental health and addictions in a meaningful way.

Mental health and addictions workers provide support, counselling, and resources to those struggling with mental health challenges and substance use disorders.

 Program Length: **20 months**
Includes **8-week internship**

 Program Delivery: **Online**

▸ CAREER OUTLOOK

There are substantial shortages projected for addiction counselors, mental health counselors, psychologists, and other related professions. This is due to increasing behavioral health needs and challenges in accessing care. If you're considering a career in this field, it's a promising time to enter, as the demand for these professionals is likely to remain strong for the foreseeable future.

▸ JOB OPPORTUNITIES

school boards, hospitals, correctional facilities, mental health or substance abuse agencies, shelters, long-term care facilities, housing agencies, child and family services

▸ POTENTIAL JOB TITLES

Addictions counsellor, Family services worker, Social services worker, Crisis worker, Housing worker, Case manager

Employment Statistics

80%

Percentage of 2025 Herzing College Available
Graduates Employed in a Related Field

Mental Health and Addictions Worker

ADMISSION REQUIREMENTS

- Minimum of a Canadian provincial high school diploma or equivalent, or a mature student
- Pass an entrance test administered by Herzing College
- Be interviewed in detail regarding interest in the field
- Note: admission to some programs may include additional requirements

COURSE LIST

Herzing's Mental Health and Addictions Worker program gives you a deep understanding of addiction and its impact on individuals and society.

- Office Applications and Report Writing
- Introduction to Addictions
- Introduction to Psychology
- Introduction to Sociology
- Ethics and Professionalism in Addictions Practice
- Anatomy and Physiology of Addiction
- Pharmacology of Addiction
- Behavioural Addictions
- Counselling and Therapy Skills
- Addictions and the Family
- Co-occurring Disorders
- Relapse Prevention
- Cultural Competency in Addictions
- Trauma and Addiction
- Career Development
- Clinical Placement