

Community Mental Health and Addictions Worker



Get training in mental health and addictions support with a strong community and outreach focus. Build practical skills in peer support, harm reduction, cultural competence, and community engagement.

People in this field provide practical assistance, emotional support, and advocacy for individuals and families facing mental health and substance use challenges. They work in diverse community settings, helping clients access resources, navigate systems, and build resilience.

This program prepares you for a rewarding career supporting individuals and communities affected by mental health and addiction issues. You'll gain a strong foundation in psychology, sociology, and cultural competence, with a focus on real-world skills for front-line work.

🕒 Program Length: **12 months**
Includes **4-week internship**

📖 Program Delivery: **Online**

▾ CAREER OUTLOOK

Canada continues to face a growing mental health and substance use crisis, with opioid-related deaths rising significantly in recent years. This has led to increased demand for trained professionals who can provide support, advocacy, and intervention services in both urban and rural communities.

▾ JOB OPPORTUNITIES

School boards, Hospitals, Correctional facilities, Mental health or substance abuse agencies, Shelters, Long-term care facilities, Housing agencies, Child and family services

▾ POTENTIAL JOB TITLES

Addictions counsellor, Family services worker, Social services worker, Crisis worker, Housing worker, Case manager

Employment Statistics

80%

Percentage of 2025 Herzing College Available Graduates Employed in a Related Field*

Employment statistics based on most recent available. Not all programs and learning formats available at all campus locations. Information in this document is subject to change.
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ADMISSION REQUIREMENTS

- Minimum of a Canadian provincial high school diploma or equivalent, or a mature student
- Pass an entrance test administered by Herzing College
- Be interviewed in detail regarding interest in the field
- Note: admission to some programs may include additional requirements

COURSE LIST

Herzing's Mental Health and Addictions Worker program gives you a deep understanding of addiction and its impact on individuals and society.

- Researching Your Local Community
- Peer Support and Harm Reduction
- Cultural Diversity and Indigenous Issues
- Introduction to Addictions
- Professional Skills for the Service Worker
- Families and Support in the Canadian Context
- Life-Span Psychology and Development
- Effective Teamwork
- Community Services in Canada
- Charting and Documentation Using Digital Media
- Outreach and Intake
- Career Development
- Applied Sociology for Community Support Work
- Internship